





MENU

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal (meat option)	Meatballs with pasta & garlic bread	Homemade meat & potato pie with mashed potato	Roast turkey with roast potatoes, Yorkshire pudding & gravy	Hot dog with chips	Crispy fish fingers or salmon fingers with chunky chips
Main Meal (vegetarian)  	Macaroni cheese & garlic bread	Cheese & onion pie served with new potatoes	Quorn fillet with roast potatoes, Yorkshire pudding & gravy	Veggie hotdog with chips	Crispy vegetable fingers with chunky chips
Jacket potato / sandwich option	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection
Dessert selection	Ice-cream	Chocolate sponge with custard	Flapjack	Marble sponge with custard	Fruit in jelly
Fresh fruit / Yoghurt  	Fresh fruit Yoghurt	Fresh fruit Yoghurt	Fresh fruit Yoghurt	Fresh fruit Yoghurt	Fresh fruit Yoghurt



- 1 of your 5 a day



- Healthy option