

## Hands, Feet, Heart - Unit 1



### 1 - Listening: Hands, Feet, Heart

Find the pulse as you are listening to the music

Instruments/voices you can hear: Keyboard, bass, drum, electric guitars, saxophone, trumpet, vocals

### 2. Musical Activities

#### Find the Pulse!

- What animal can you be finding the pulse!

#### Clapping Rhythms

- Copy and clap back rhythms
- Clap the rhythm of your name
- Make up your own rhythm

#### Singing

- Sing Hands, Feet, Heart in groups

**Playing Instruments** Using up to three notes - G or G, A and C.

**Improvise** using the notes C + D:

- **Challenge 1** Clap and Improvise
- **Challenge 2** Sing, Play and Improvise
- **Challenge 3** Improvise

**Compose** a simple melody using simple rhythms, choosing from the notes C + D or C, D or E.

What did you like doing the best? 😊 😐 😞

Singing? 😊 😐 😞

Playing? 😊 😐 😞

Dancing? 😊 😐 😞

Improvising? 😊 😐 😞

Composing? 😊 😐 😞

Listening? 😊 😐 😞



**3. Perform and share** A class performance of Hands, Feet, Heart. Introduce your performance to your audience. Talk about it together afterwards. How did it make you feel? Will you record it?

**Key Vocabulary:** keyboard, drums, bass, electric guitars, saxophone, trumpet, pulse, rhythm, pitch, improvise, compose, perform, audience, question and answer melody, dynamics, tempo