



Safe Touch (School Nursing Team)

In Year 1 we work closely with the School Nursing Team who deliver their 'Safe Touch' session. The Nursing Team will simply teach your child what areas of the body are considered safe to touch and what areas of the body are considered unsafe to touch. The session will be performed through colouring pictures, a child friendly power point session and singing video. Your child will then be given the opportunity to ask any questions and can take home the pictures they have coloured in class to create discussion at home. They will also teach your child The Pants Rule and they will learn the Pantosaurus Song (devised by the NSPCC).



We teach the RSE statutory requirements at Rowena Academy and any extra sessions would be offered to you on an opt out basis.

Thank you for your continued support.



Rowena Academy



Relationships, Sex and Health Education

(RSE)

Information for Parents





Relationships, Sex and Health Education

(RSE)

As you may already be aware, from September 2020 the Department for Education announced changes to Relationships, Sex and Health Education (RSE) following nationwide consultation. Children are now taught RSE under the new statutory government guidance.

You can find the statutory guidance by visiting the following website:

<https://www.gov.uk/government/publications/relationships-sex-and-health-education-guides-for-schools>

The important lessons you teach your child about healthy relationships, looking after themselves and staying safe, are respected and valued under this curriculum.

Young children often ask questions incidentally and if this happens we would answer them honestly and sensitively at a level appropriate to their age.



At Rowena Academy we teach RSE through our Jigsaw sessions.

Jigsaw is a whole school, unique and progressive approach aiming to prepare children for life in the ever changing modern world.



An important part of the Jigsaw programme is delivered through the 'Relationships' and 'Changing Me' units of work which are covered in the summer term.

There are four main aims of teaching RSE:

- To enable children to understand and respect their bodies.
- To help children develop positive and healthy relationships appropriate to their age and development.
- To support children to have positive self-esteem and body image.
 - To empower them to be safe and safeguarded.

