







# MENU

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal (meat option)</b>	Cheese & ham pizza with potato wedges and baked beans	Hot dog with potato wedges and baked beans	Roast turkey with roast potatoes, mixed carrots & peas and gravy	Chicken curry with rice, naan bread and sweetcorn	Fish and chips served with baked beans
<b>Main Meal (vegetarian)</b>  	Cheese & Tomato pizza with potato wedges and baked beans	Vegetarian hot dog with potato wedges and baked beans	Quorn roast with Yorkshire pudding and mixed carrots & peas	Macaroni cheese with garlic bread and sweetcorn	Puff pastry cheese whirls served with baked beans
<b>Jacket potato / sandwich option</b>	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection
<b>Dessert selection</b>  	Jam sponge and custard	Chocolate sponge	Chocolate Crunch	Doughnut	Shortbread and mandarins
<b>Fresh fruit / Yoghurt</b>	Fresh fruit Yoghurt	Fresh fruit Yoghurt	Fresh fruit Yoghurt	Fresh fruit Yoghurt	Fresh fruit Yoghurt

 - 1 of your 5 a day

 - healthy option