







MENU

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal (meat option)	Cheese & ham pizza with potato wedges and baked beans	Spaghetti bolognaise served with garlic bread and sweetcorn	Roast pork with roast potatoes, mixed carrots & peas and gravy	Sausage and mash with mixed carrots & peas and gravy	Fish and chips served with baked beans
Main Meal (vegetarian)  	Cheese & tomato pizza with potato wedges and baked beans	Vegetarian stir fry with noodles and prawn crackers	Quorn roast with Yorkshire pudding and mixed carrots & peas	Quorn sausage and mash with mixed carrots & peas and gravy	Puff pastry cheese whirls served with baked beans
Jacket potato / sandwich option	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection
Dessert selection  	Chocolate Crunch	Jelly	Strawberry mousse	Chocolate sponge and custard	Ice cream
Fresh fruit / Yoghurt	Fresh fruit Yoghurt	Fresh fruit Yoghurt	Fresh fruit Yoghurt	Fresh fruit Yoghurt	Fresh fruit Yoghurt

 - 1 of your 5 a day

 - healthy option