







MENU

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal (meat option)	Cheese & ham pizza with potato wedges and baked beans	Roasted tomato & vegetable pasta bake served with sweetcorn and garlic bread	Roast turkey with roast potatoes, mixed carrots & peas and gravy	Shepherd's pie with mixed carrots & peas and gravy	Fish and chips served with baked beans
Main Meal (vegetarian)  	Cheese & tomato pizza with potato wedges and baked	Vegetarian curry with rice, sweetcorn and garlic bread	Quorn roast with Yorkshire pudding and mixed carrots & peas	Shepherdess pie with mixed carrots & peas and gravy	Puff pastry cheese whirls served with baked beans
Jacket potato / sandwich option	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection
Dessert selection  	Jelly	Chocolate mousse with strawberries	Chocolate crunch	Doughnut	Ice cream
Fresh fruit / Yoghurt	Fresh fruit Yoghurt	Fresh fruit Yoghurt	Fresh fruit Yoghurt	Fresh fruit Yoghurt	Fresh fruit Yoghurt

 - 1 of your 5 a day

 - healthy option