

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MEAT MAIN DISH</b>	Sausage pasta bake	Chicken pie with mashed potato	Roast pork with gravy, apple sauce and roast potatoes	Pizza and potato wedges	Fish bites or battered fish (on alternate weeks) with chips
<b>VEGETARIAN MAIN DISH</b>	Vegetable stir fry with noodles	Sweet potato and vegetable hot pot	Cauliflower and broccoli bake with roast potatoes	Spicy vegetable and bean pittas with brown rice	BBQ bean burger with chips
<b>JACKET POTATO &amp; SANDWICH SELECTION</b>	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection
<b>ACCOMPANIMENTS</b>	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar
<b>DESSERTS</b>	Ice cream	Courgette and apple muffin	Chocolate brownie	Fruit in jelly	Shortbread biscuits and mandarins
<b>FRESH FRUIT &amp; YOGHURT</b>	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt



# MENU



Quench your thirst with free fresh drinking water available daily



- 1 OF YOUR 5 A DAY



- HEALTHY OPTION