









WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAT MAIN DISH	Chicken enchiladas with rice	Pasta bolognaise	Roast chicken with Yorkshire pudding, gravy and mashed potato	Pizza and potato wedges 	Fish bites or battered fish (on alternate weeks) with chips
VEGETARIAN MAIN DISH	Roast vegetable and bean wraps with rice	Vegetable moussaka 	Quorn roast with Yorkshire pudding gravy and mashed potato	Macaroni cheese	Vegetarian sausage with onion gravy and mash potato
JACKET POTATO & SANDWICH SELECTION	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection
ACCOMPANIMENTS 	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar
DESSERTS	Chocolate and banana slice	Carrot and orange muffins	Strawberry mousse with strawberries 	Fruit crumble and custard 	Oaty biscuits
FRESH FRUIT & YOGHURT 	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt



MENU



Variety is the key to a healthy diet. try something new today!



- 1 OF YOUR 5 A DAY



- HEALTHY OPTION