












WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAT MAIN DISH	Meatballs in a tomato sauce with spaghetti 	Chicken curry with rice	Roast gammon with pineapple and roast potatoes	Chicken and tomato pasta bake	Fish bites or battered fish (on alternate weeks) with chips
VEGETARIAN MAIN DISH	Vegetarian shepherd's pie 	Vegetable curry with rice  	Vegetable cobbler and roast potatoes 	Piri piri Quorn™ and bean pitta with jacket potato	Lentil and bean patties with chips
JACKET POTATO & SANDWICH SELECTION	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection
ACCOMPANIMENTS 	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar
DESSERTS	Peach and raspberry cobbler and custard 	Chocolate crunch	Chocolate mousse with mandarins 	Oat and apricot biscuits	Fruit and ice cream 
FRESH FRUIT & YOGHURT	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt



MENU



Fuel your afternoon with a healthy school lunch from Mellors



- 1 OF YOUR 5 A DAY



- HEALTHY OPTION